

THE RJOS GUIDE FOR WOMEN IN ORTHOPAEDIC SURGERY

Editors: Lisa Cannada, MD and Mary I. O'Connor, MD

Table of Contents

The Ruth Jackson Orthopaedic Society (RJOS)

History

Timeline

Resources

Section 1: *Medical School to Residency*

Edited by Laura Gehrig MD & Mary I. O'Connor MD

Introduction to Orthopaedic Surgery Residency

Naomi Shields MD

Chapter 1 Orthopaedics for Medical Students

Jothi Murali MD

Chapter 2 Orthopaedic Residency: The Basics of Getting the Work Done

Sheila Conway Adams MD and Ellen Raney MD

Chapter 3 Orthopaedic Residency: Learning to be an Orthopaedic Surgeon

Joy Long MD

Chapter 4 Passing Your Boards and Maintaining Certification

Tamara Rozental MD

Chapter 5 Fellowship Training

Keisha DePass MD

Chapter 6 Finding Your First Job

Rina Jain MD and Catherine Shin MD

Chapter 7: Finding Your First Job in Academia

Ann Van Heest MD

Chapter 8 Negotiation

Elizabeth A. Ouellette MD

Section 2: *Career Long Guidance*

Edited by Mark C. Gebhardt MD & Lisa K. Cannada MD

Chapter 9 Directing Your Future

Mary I. O'Connor MD

Chapter 10 Orthopaedic Politics

Sharon Hame MD

Chapter 11 Gender Issues

Lisa K. Cannada MD, Mark C. Gebhardt MD, Laura Gehrig MD and Ellen Raney MD

Chapter 12 Taking Care of Yourself

Elizabeth Szalay MD

Chapter 13 Pregnancy

Kimberly K. Mezera MD

Chapter 14 Financial Planning

Colleen O'Donnell CFP and Dianna Parker CFP

Chapter 15 Research

Carla Smith MD PhD

Chapter 16 Diversity

Bonnie Simpson Mason MD

Section 3: *Practice Management and Tips*

Edited by Tamara A. Rozental MD & Lisa K. Cannada MD

- Chapter 17** **Getting the Work Done in Practice**
Jackie Krumrey MD
- Chapter 18** **Practice Management Essentials in a Private Setting**
Bonnie Simpson Mason MD
- Chapter 19** **The Value of Mentoring**
Mark C. Gebhardt MD
- Chapter 20** **Dealing with Industry**
Rachel Rohde MD

Appendices

- Appendix A** **Standard Orthopaedic Textbooks**
Amy McIntosh MD
- Appendix B** **Dictation Formats/Mnemonics**
Chris Cawley MD
- Appendix C** **Locker List**
Amanda Marshall MD
- Appendix D** **Mentor Example in Academics: W to W**
Laura Gehrig MD
- Appendix E** **Other Resources**
Kelly A. LeFaivre, MD, FRCSC