

# RUTH JACKSON ORTHOPAEDIC SOCIETY MENTORING COMMITTEE



## Resources for Undergrads



### FOLLOW

RJOS, DRHIBBAZIZMD, PERRYINITIATIVE, GLADDEN SOCIETY, AND MANY MORE ORTHO RELATED INSTAGRAM ACCOUNTS. MANY CAN BE FOUND ON TWITTER AS WELL.



### LISTEN

SHE CAN FIX IT, THE 6% WITH NANCYMD, AND THE RJOS PODCAST ARE JUST A FEW GREAT PODCASTS CREATED BY ORTHOPAEDIC SURGEONS AROUND THE NATION.



### REACH OUT

EMAIL LOCAL SURGEONS WHO MIGHT BE WILLING TO MEET UP OR GET IN TOUCH WITH YOUR REGIONAL MEDICAL SCHOOL AND OSIG (ORTHOPAEDIC INTEREST GROUP).